

Romans 7:15 - For what I am doing, I do not understand. For what I will to do, that I do not practice; but what I hate, that I do. 16 If, then, I do what I will not to do, I agree with the law that it is good. 17 But now, it is no longer I who do it, but sin that dwells in me. 18 For I know that in me (that is, in my flesh) nothing good dwells; for to will is present with me, but how to perform what is good I do not find. 19 For the good that I will to do, I do not do; but the evil I will not to do, that I practice. 20 Now if I do what I will not to do, it is no longer I who do it, but sin that dwells in me. 21 I find then a law, that evil is present with me, the one who wills to do good. 22 For I delight in the law of God according to the inward man. 23 But I see another law in my members, warring against the law of my mind, and bringing me into captivity to the law of sin which is in my members. 24 O wretched man that I am! Who will deliver me from this body of death? 25 I thank God--through Jesus Christ our Lord! So then, with the mind I myself serve the law of God, but with the flesh the law of sin.

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Psychiatrists Thomas Holmes and Richard Rahe

## The Stress Scale

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### I. Bringing Me

- a. Who is me? (7:23)
- b. Law of God and the inner man
- c. Law of sin and my members
- d. Law of my mind
- e. Into Captivity
  - i. Prov 17:22
  - ii. Prov 15:13
  - iii. Gen 1:26
  - iv. 2 Corinthians 10:4-6
  - v. Who is to bring every thought captive?
  - vi. Strongholds are mental castles that bring and keep your spirit captive, making it unable to perform its desires in a related area.
  - vii. Letting God go free from our false accusations.

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### II. Delivering Me

- a. Made free vs. set free
- b. Law of the new nature (Gal 6:15-16)
- c. Standing and walking free (Gal 5:1, 5:16, 5:21)

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### III. By the Spirit in Me (Rom 8:13)

- a. The Holy Spirit works based on the Word of God.
- b. The Holy Spirit works with the basis of trust in the God of the Word. (Faith)
- c. The Holy Spirit works within the basis of our speaking. (Eph 5:15-20)
- d. The mystery (Colossians 1:27)

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### IV. Jesus turned His face toward Jerusalem and the cross.

# WELCOME!

If you have questions, please stop by the NEXT STEPS table in the foyer or look for a team member. If we can help you in any way, please email us at [dwellingplacemovement@gmail.com](mailto:dwellingplacemovement@gmail.com).

Our strategy at DPC: Gather (Gatherings), Group (Connect Groups), Grow (Growth Phases), Give (Giving/Gifting Teams), Go (Outreach)

## GROUP

*Sunday, October 17 -  
Connect Group Night*

Our connect groups will be meeting all over the area this evening.

## GATHER

*Sundays in October -  
Stretched Thin: A Conversation  
About Stress, Anxiety, &  
Mental Health  
9:30a + 11:15a*

Did you know that 1 in 5 people struggle with mental health issues? There is no health without mental health. The subject of mental health is a real thing and it is hitting our culture in a big way. This series is a conversation about stress, anxiety, and mental health. And the goal is to open up this conversation, make us more aware of this issue, and encourage those who struggle to realize that they are not alone. Jesus has much to say to us on these issues.

## GO

*Wednesday, October 27,  
6p - 8p - Trunk or Treat*

Join us for our Trunk or Treat in front of our facility in the parking lot! Decorate your trunk and serve the community by handing out candy, which we will provide. Sign up now at the Next Steps table!

## GROW

*Thursday, October 21, 7p - 9p  
Night Eight of our Fall  
Semester of Growth Phases*

Join us for night eight of Growth Phases. We can't wait to see all that the Lord will do in lives this session!

## GIVE

*"His Blueprint" Capital  
Campaign - He Has Chosen Us!*

We encourage each of you to continue to ask God what He would have you give to our capital campaign!

Goal by June 2022

\$220,000

Commitment Levels:

One time Legacy Gifts

20K - Gold Legacy Gift

10K - Silver Legacy Gift

1K - Precious Stone Legacy Gift

Monthly Pledges

\$500, \$250, \$150, \$50

Did you know you can give via text? Just text any dollar amount to 84321 to give. You will follow a quick, self-guided setup process to tie your mobile phone to our church, your donor account, and a payment source. After that, donating is as easy as sending a text.